

CHANGE



*“Don't fear change.
Fear what you may change into”*



1. Kids today are change experts, constantly developing and adapting:
 - > profile pictures
 - > diets
 - > friends
 - > social media platforms
 - > interests

2. With all this constant change they end up changing who they are and in a desperate search for meaning, purpose and a sense of identity kids go looking in all the wrong places:
 - > social media
 - > pop culture
 - > celebrities

3. Our kids are more
 - > exhausted
 - > anxious
 - > burned out
 - > depressed
 - > self-consciousAs they become stuck in the change cycle

4.

FOCUS POINTS

- > Finding anchors in a continuously changing world
- > Discovering who you are, at your core, without a title, badge or label
- > Searching for identity in a digital world
- > Unearthing your voice

AS AN ACTOR, THE MOST IMPORTANT THING IS A GREAT STORY. WITHOUT THIS THERE CAN BE NO CHARACTER, NO PLOT, NO APPLAUSE. OUR LIVES ARE OUR STORY AND THEY SHOULD BE TALES WORTH TELLING TO THE WORLD.



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